



# Tabley House

## Nursing Home, Cheshire

- > Older Adults Nursing Home
- > End-of-Life Care

A large, grand red brick building with a classical portico and columns, set in a green parkland.

# Welcome to Tabley House

Tabley House Nursing Home is located in the beautiful Cheshire countryside in acres of parklands. The service is set within a stunning 18th century country house.

It's difficult to put into words the care and support offered at Tabley House. There's warmth all around – from the friendly welcome as you arrive, to the nursing and care staff looking after your every need, to our unique and individual bedrooms. **There's nowhere quite like Tabley House Nursing Home.**

We have everything you would expect from a quality place of care; qualified nursing and care staff working **24 hours a day, seven days a week** in homely social and private spaces. Each room is **individual, elegant and unique** and all comfortably furnished.

We aim to maintain and improve quality of life, involving family and friends and making sure personal choices are understood and respected. Our many family events are always well attended and much enjoyed – **families are welcomed and encouraged.**



Scan the QR code or [click here](#) to watch a short video of Tabley House

Individuals enjoy a range of pursuits including:



Quizzes



Film nights



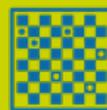
Games



Active sessions



Bingo



Draughts



Jigsaws



Flower arranging and more

On site there is a **museum** and a **tea room** which the residents love to visit. There are also trips out to the **local coffee shops, retail outlets** and **country pubs**, as well as visits from **musical groups** and an **art therapist**.

Individuals can also enjoy simply relaxing in one of our **comfortable lounges** or in our large and **private garden** that residents love tending to.

# Our resident profile

- > May be physically frail
- > May have a diagnosis of dementia or Alzheimer's disease
- > Requiring short stay or longer term care
- > May require post-operative or convalescent care
- > May require palliative or end-of-life care



65+  
years



Mixed  
gender



51  
beds



## Our facilities

- > 51 unique en-suite bedrooms
- > Parklands
- > Private gardens
- > Multiple comfortable lounges
- > Outdoor seating areas
- > Dining rooms
- > Hairdressing salon

## Our team

The Registered Manager and Matron at Tabley House is **Karen Lynskey**. Karen has been the **Registered Manager here for over 18 years** providing consistent support and guidance to the team. As a qualified nurse, she is committed to ensuring we provide the best possible care and support for every resident.

She is supported by a wide range of staff including qualified nurses, healthcare assistants, domestic and catering staff, activities co-ordinators and maintenance staff. Everyone works together to ensure Tabley House provide the best environment and experience for each individual.



**Karen Lynskey**  
Registered Manager



**Elegant dining rooms and lounges to sit, relax and enjoy visits from family and friends**

# What can Tabley House offer?

We don't believe in standardised care - we provide what each individual needs and wants. If you're not sure about committing to longer-term care, you can try us out on a shorter stay.

Where someone may be frail or need post-operative and convalescent care, our highly trained and friendly teams of nurses and care professionals will ensure each individual's medical and care needs are met. When an individual is moving towards the end of their care journey, we offer **empathetic and sensitive palliative care**, focusing on their needs and wants, whilst supporting their loved ones. We work closely with local hospices to ensure residents are appropriately and sensitively supported.

**As well as first-class healthcare, Tabley House also offers:**



Delicious menus, **personalised to each individual's tastes** and needs and served to the table. Meals can also be served in resident's rooms



Fun visits to **local attractions** and **social events**



Services to support **self-care**, including a **hairdresser** who can cut hair within the home



Healthcare support, including **chiroprody** and **physiotherapy**



# End-of-life care

We firmly believe that everyone deserves dignity and respect as they approach the end of their life. We provide compassionate and sensitive end-of-life care at Tabley House.

We recognise that as someone is nearing the end of their life, it can involve very intense feelings for both the resident and their loved ones. At Tabley House we have dedicated end-of-life facilities to allow families to stay, enabling them to **spend those precious last moments together**.

## All staff at Tabley House have a duty of care and are responsible for:

- Recognising that someone is nearing the end of their life in the next few days or hours and communicate the decisions and actions that are to be taken
- Communicating with everyone involved, including the resident, their friends and family and also the rest of the staff team
- Involving the resident and those who have been identified as important to them, in decisions regarding their care and treatment
- Supporting the needs of the family and friends
- Providing a compassionate individualised care plan which addresses:
  - Food and drink
  - Symptom control
  - Psychosocial needs
  - Spiritual needs

When you or someone you love are nearing the end-of-life, you **deserve the best possible standard of care, which means high quality, reliable and consistent support**

All staff at Tabley House need to know the end-of-life standards of care, whether they are a housekeeper, chef, administrator, maintenance or part of the nursing and care team





Filled with elegant and unique furnishings to create a calm and serene environment, enriching the quality of your loved ones stay



A stunning location in the Cheshire countryside, set in acres of parklands. Surrounded by nature and floral landscapes

# Life at Tabley House

We know there are lots of questions about Tabley House that you might want to ask.

## Here's some of the most common:



### What are the rooms like?

Every room at Tabley House is different and has its own unique character, enhanced by each individual's personal possessions and decorations. All rooms are beautifully and comfortably furnished. We have flexible spaces available for those who would like to share with a friend or loved one, as well as a range of single rooms.

### When can family and friends visit?

There is a real family feel at Tabley House and we encourage visitors. We do have some protected times for meals, so residents can enjoy their meal fully, however visitors are welcomed any other time during the day.

We love for families and friends to take part in all aspects of life here at Tabley House.

### What is there to do?

Residents are supported to do as much or as little as they would like and are key to choosing the activities and events that are offered. We'll speak to individuals, their families and friends to develop a plan for care and this will look at their health and care needs alongside hobbies, personal preferences and how they like to spend their time and structure their day. This helps us make sure we're offering the best possible care and support.

We have expert recreational therapists who organise things residents enjoy, such as crafts, art, games, shopping and many others. We also have visiting professionals who offer demonstrations, musical entertainment and more.

### Would someone have to move if their health needs increased?

We can support individuals right through their care journey and ensure their needs are met with dignity, respect and empathy.

We are happy to come and meet with someone who is thinking of moving to us so that we can assess their requirements to ensure we can meet their needs.

### What are the meals like?

A range of delicious menus are available at Tabley House. Freshly prepared and nutritious, meals are served in our bright and airy dining room by waitresses. Menus include warming favourites as well as lighter snacks.

Our head chef meets with the residents when they first come to Tabley to find out what they like and also holds residents meetings on a regular basis to ensure the menus cover the types of food that residents enjoy. We can cater for all dietary preferences and requirements.

Refreshments, including tea and coffee are available throughout the day.





# The history of Tabley House

Tabley House was **designed in 1760** by the architect John Carr of York and is now a Grade 1 listed building and the only 18th century Palladian country house in Cheshire.

Tabley was originally the home of the Leicester family who lived in the area of Nether Tabley for over **700 years**. The house was a centre piece of the estate which originally covered **6,000 acres**.

The last member of the Leicester family to own Tabley House was Lieutenant Colonel John Leicester Warren who died in 1975.

In 1976 the estate, the House and its collection of paintings, furniture and memorabilia were eventually taken on by the University of Manchester.

**In the early 1990's Cygnet Health Care in collaboration with Manchester University re-modelled Tabley.** It was a unique joint venture of a stately home being converted into a nursing home whilst retaining many of the historic artefacts in the museum.



“

Thank you to every one of the staff at Tabley House for the caring and kindness you gave me during my stay. I miss you all dreadfully and will never forget any of you. If I need help in the future, Tabley is the only place I would wish to be.

Previous resident

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Specialist end-of-life care – supporting individuals and their families with **compassion and sensitivity**

“

Thank you so much for strength, guidance and care for my husband over the last few months. Tabley House is very special and at the helm is a person who helps her staff achieve everything they do with such care and affection. It's not easy not having him at home, but I know he is in safe hands.

Huge thanks.

Family member

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Registered manager  
in post for over

**18 years**



# We're easy to find

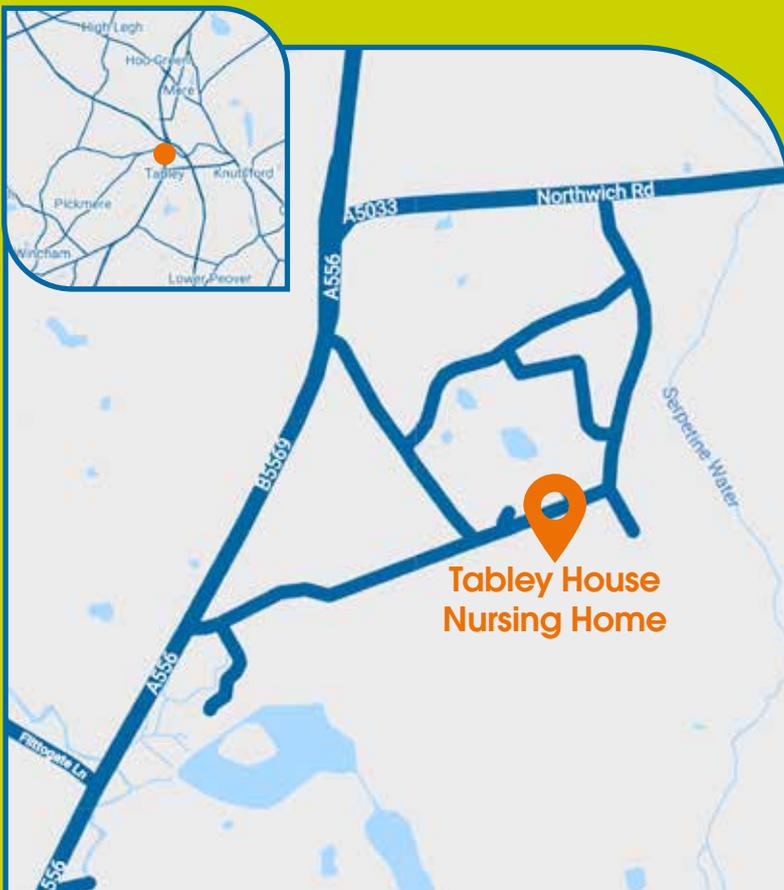
## Contact us

To find out more, please contact  
Tabley House Nursing Home

 01565 650888

 [tabley@cygnethealth.co.uk](mailto:tabley@cygnethealth.co.uk)

## Where are we?



**Tabley House Nursing Home, Tabley Lane,  
Chester Rd, Tabley, Knutsford WA16 0EZ**



### By car

The main entrance to Tabley House is off the Knutsford Road, A5033, a mile from Knutsford town and half a mile from Junction 19 on the M6.



### By train

Knutsford station is only one mile away and provides easy access to the centre of Manchester.

 [@tableyhousenursinghome](https://www.facebook.com/tableyhousenursinghome)

[www.cygnetnursinghomes.co.uk](http://www.cygnetnursinghomes.co.uk)

CYG-505 | Date of Preparation: 03/04/23

Integrity

Trust

Empower

Respect

Care